



The phenomenon of suicide and its synchronization with the Corona pandemic

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The problem of research: - Suicide is a social phenomenon that must be taken care of because of its negative effects on both the individual and society, the phenomenon of suicide is considered inappropriate behavior accompanied by damage to society and harming its existing entity, as the suicide bomber thought that his exit from the arena of life is only his own, and forgets in the rush of problems and the loss of life to give up his job, in which he harms his society, his suicide loses the energy of society and an effective element of its elements (Abu Zeid, 1986, p. 58).

The opinions of scientists, especially sociologists, differed in that the subject of suicide is a social phenomenon or is it a social problem, and almost everyone is certain that suicide is a problem in most human societies and a phenomenon in some of them, yet it is rare to get turned into a phenomenon that human nature is a nature of existence and a tendency towards its immunity from nothingness, so this humanity maintains its absence, so it is a problem and not a phenomenon in global societies, but despite this it is a real problem that threatens the security of society, and represents an individual failure. Socially in adapting to social norms and controls, the separation of the individual from his group and his intolerance of the social system (Helwan, 2008, p. 11). The financial pressures that a person may suffer, and the fear of unemployment, have been among the strongest causes of suicide, with a large segment of individuals without a livelihood in front of quarantine, workplace closures and job stoppages, most of whom are no more than paid, rent paid and the livelihood of children and parents met; They find themselves unable to meet the demands of life, and in the face of these conditions and the distress that surrounded everyone, trauma has increased and has had a strong impact on minds, as demonstrated by a study of mental health scientists and neuroscientists of the impact of severe mental disorders on people's mental health that increased suicides (WHO representative Fadhil al-Gharawi, 2021).

The importance of research: - The problem of suicide is one of the main social problems in Iraq and it still occupies the most prominent role and the president in various countries of the developed world, so most studies tend to address and reduce this problem as well as develop solutions and ways to find laws or values governing the work and role of the family.

The one who reflects on the verses of the Holy Quran finds that it has given great importance to the phenomenon of suicide, and has not neglected this phenomenon and its treatment, and ordered us to preserve ourselves and not kill it; suicide is a major crime and a bad conclusion, for which the suicide bomber himself is subjected to God's punishment; Islam has made one of its great goals and purposes necessary to protect oneself by affirming the right of human life not to attack his body or himself in any way without right, whether it is the attack of man on himself or the same of others, but Islamic law went to the end of warning and the end of prevention and prevention of this crime where Islam forbids wishing death and not only that but guided to the successful treatment of this condition and how to deal with it, our Prophet Muhammad (peace be upon him) says ((None of you wish to die from harm, if he must do so, say: O God, revive me, life would not have been good for me and bury me if death is good for me)) (Al-Haithami, 2008 p. 2).

Search goal: - The research aims to identify: -

- 1- Types of suicide.
- 2- Symptoms that appear on the suicide bomber.
- 3- Causes of suicide.
- 4- Ways to prevent individuals and society from committing suicide.

Determining terms: -

- 1- **Suicide in language:** Suicide in language refers to (self-killing itself), a concept derived from the source of suicide in Arabic: slaughtering any slaughter or killing, which is the injury of the human being himself to the intention of annihilating it, and suicide is said to be the elimination of the soul itself in any way: The man committed suicide by committing suicide (Ibn Naqser, 2005, p. 28). Man killed others at all, whether human or animal, all of which were slaughtered, killed and slaughtered (Ibn Fares, 1972, p. 400).

Suicide is a term: - Is the killing of oneself consciously or unconsciously (Badawi, 1982, p. 414), as Makram defined it: as a series of acts carried out by the individual trying to destroy his own life without incitement from another or sacrifice of some social value () Simeon, 1976, p. 47, while Carl Meninger defined it as an escape intended to save oneself, but this rescue from psychological, social, moral or criminal torment is done only by soul-loss (Thabet, 2012, p. 12).

It is known as a social phenomenon and a psychological medical problem, which the person takes his soul because of the inability to face reality, failure to solve emergency problems, or his inability to adapt to emergency conditions (Sharqawi, 1991, p. 249).

CORONAVIRUS: - THE WORLD HEALTH ORGANIZATION (WHO) HAS IDENTIFIED IT AS A WIDESPREAD SPECIES THAT CAUSES DISEASES RANGING FROM COMMON COLDS TO MORE SEVERE DISEASES SUCH AS MIDDLE EAST RESPIRATORY SYNDROME (MERS) AND SEVERE ACUTE RESPIRATORY SYNDROME (SARS).

COVID 19: - THE WORLD HEALTH ORGANIZATION (WHO) HAS IDENTIFIED IT AS THE NEW CORONAVIRUS -RELATED DISEASE CALLED COVID-19 VIRUS (COVID-19), WHICH WAS FIRST DETECTED ON DECEMBER 31, 2019, AFTER REPORTING A SERIES OF CASES OF VIRAL PNEUMONIA IN JOHAN, PEOPLE'S REPUBLIC OF CHINA. (WHO report 2021).

Types of suicide: - Emile Durka Yum's study of suicide (1952), originally published in 1897, is a milestone in sociology research that investigates the relationship between the individual and society. Who insisted on providing sociological explanations for this phenomenon, as previous studies have acknowledged the impact of social factors on suicide, but it touched on the type of race, climate and mental disorders to explain an individual's tendency to commit suicide, but for Emile Durka Yum, suicide is a social reality that can only be explained by other social realities, and concluded from these findings that there are forces outside the scope of the individual affecting suicide rates, linking this interpretation to the concept of social organization, and two types of links within society are Social integration and social organization (Emile Durka Yum, 2001, p. 10).

- 1- Selfish suicide: - Characterized by a low degree of integration in society, it occurs when the individual suffers from isolation or when his or her relationship with the group is weakened or interrupted, for example, the low suicide rates among Catholics can be explained by the high degree of social cohesion among them, while the individual and moral freedom of Protestants leads to the individual standing alone in front of God and society, and marriage prevents suicide because it integrates the individual into a network of stable social relationships while single people live in relative isolation in society.
- 2- Altruistic suicide: It occurs when a person is in a state of exceptional integration with his or her society, i.e. when social ties are very strong, the values of society prevail over the values of the individual, and in such a case suicide takes the character of sacrifice for the greater good.
- 3- Suicide: - It is the result of the absence of social organization, and Emile Durka Yum means that social conditions in the event of loss deprive people of standards due to rapid change or widespread instability in society, that the loss of the references to which one invokes in one's wishes and inclinations, as is usually the case with economic imbalance or personal suffering at the time of divorce, may lead to an imbalance between people's circumstances on the one hand and their aspirations on the other.
- 4- Al-Qadrisuicide: - Durka Yum, although he did not seek a relationship or importance for this kind because of the nature of his society at the time, considered it the product of a situation in which one is under the weight of a compelling social organization, and in such a case the repression of the individual leads to a state of total helplessness in front of destiny and society. (Same previous source, p. 10).

Symptoms of suicide: -

- 1- Talking about suicide is like saying words like I'm going to kill myself or wish I was dead or wish I wasn't born.
- 2- Get suicide methods such as buying a gun or storing suicide pills.
- 3- Withdrawal from social communication positions and the desire for isolation.
- 4- Suffering from mood swings such as feeling optimistic one day and frustrated the next day (Saud, 2008, p. 13).
- 5- Obsession with the idea of death, death or violence and increased drug use.
- 6- Say goodbye to people as if you'd never see them again.
- 7- Depression: Which means: feeling very sad and unhappy, frustrated, helpless, worthless, desperate for life and changing reality.
- 8- Sudden changes in behavior, such as: change in sleep pattern, food pattern, neglect of study or work, neglect of a person's social relationships and external appearance, speaking of suicide and death in a strange way, losing interest in and withdrawal from normal activities, and losing pleasure in things Beloved of him, talking about loss of hope, guilt or despair, self-criticism, psychological anxiety, inactivity and blackness, isolation and introversion, hatred of society, complaints of headaches, lack of concentration, and disposal of precious personal belongings. (Previous source 1999, p. 247).

High rates of suicides in Iraq due to the CORONA pandemic: -

Suicide occurs not only in high-income countries, but is a global phenomenon in all regions of the world and in fact more than 79% of global suicides occurred in 2016 in low- and middle-income countries, and each suicide represents a tragedy affecting families, communities and entire countries. For those who have left behind, WHO considers suicide a public health priority, globally, nearly 800,000 people die as a result of suicide each year, and each death is matched by more than 20 suicide attempts. There is also one death every 40 seconds worldwide due to suicide, and the report noted that 75% of cases of suicide are prevalent in low- and middle-income countries, so suicide was considered the second leading cause of death overall for the global age group (15-22 years). Suicide and its impact on public health. (WHO report, 2021).

Iraqi society has witnessed this problem until some of them fear that it will become a real phenomenon that threatens the security of Iraqi society. More recently, suicide has led to the emergence of many negative secretions and has become a disease that is ravaging Iraqi society, and the increase in suicides in Iraq over the past years has become a public health concern and can no longer be ignored. If this phenomenon is not addressed, it will continue to inflict significant losses on individuals and communities in the country, suicide has spread significantly in Iraq in recent years and its methods and methods have multiplied," most notably taking damaged medicines and jumping from high-rise places, as well as eating toxic substances and shooting, and poverty is considered a factor. The most prominent motivation for young people to commit suicide is the lack of jobs and unemployment in the country, as well as the lack of capacity to secure daily living requirements, especially in the outskirts of cities,

as well as family disintegration and a sense of failure, as well as the lack of interest of government agencies in providing treatment centers for those with suicidal tendencies. In 2019, more than 590 people in Iraq died of suicide, and another 1,112 attempted suicide, 80% of them women. This means one death and three suicide attempts per day. The number of reported suicides in 2019 was higher than in 2018 (519 cases) and 2017 (422). Over many years, many Iraqi families have suffered mental health problems caused by past conflicts and economic conditions. As if this were not enough, many communities have also faced new restrictions on staying at home, or limited mobility to cope with the spread of the Covid-19 pandemic. Public health experts say this raises concerns because it may increase suicide rates or associated risk factors, including social isolation, anxiety, fear of infection, uncertainty, unemployment, chronic stress and economic difficulties, which can exacerbate depression, anxiety and drug use, among other factors. Access to mental health services, depression and insomnia among the population and some health care professionals, social media and violent electronic games have become a cause of suicide in some cases, and after the high prevalence of internet service at home and the addiction of many parents on social media, parental surveillance of their children has declined to the point where many girls are victims of exploitation and intimidation, as well as parents' departure from monitoring their children. Other factors that may increase suicide rates in Iraq include intimate partner problems, physical health conditions, financial challenges and legal issues, as well as some cases of personal or family violence, such as child abuse, neglect or family history of suicide, and conditions in the wider community, such as high rates of crime and violence. The number of suicide bombers is expected to increase this year, due to the major problems faced by citizens, especially in light of the pandemic, pointing out that the number of suicides of men is higher than that of women because of their increased responsibilities. "The number of males committing suicide was 168 and the females were 130," he said, adding that Baghdad recorded the highest percentage of suicides by 68 cases, followed by Basra with 39 and Dhi Qar with 33 cases. "Most of the reasons for the increase in these figures are the economic, psychological and social effects, unemployment, poverty, increased cases of domestic violence and the poor use of technology," she said.

Causes of suicide: - About 35% of suicides are due to mental and mental illnesses, such as depression, schizophrenia, addiction, and 65% due to multiple factors, such as education, community culture, family or emotional problems, school failure, pain and physical diseases, avoidance of shame, or belief in an idea or principle such as suicide.

- 1- The weakness of the religious prejudices of the human being: - and the failure to realize the seriousness of this heinous act and the major crime, which results in depriving the soul of its right to life, as well as the lack of sense of the existence of the censor on the actions and behavior of the individual, and thus underestimating sins and sins, is accepted unconsciously and unconsciously. (Bayoumi, 1999, p. 9).
- 2- Incomplete faith in the human soul: - A complete and true faith imposes on man confidence and certainty in Allah Almighty, satisfaction with God's judgment

and destiny, and not objecting to that fate no matter how bad or unsatisfactory man may seem, and there is no doubt that suicide does not depart from being an objection to The reality of the situation, as evidence of dissatisfaction with him, and the predominance of mistaken belief in the suicide bomber that he will put an end to his living or suffering from problems, pressures or bad circumstances, this is a wrong and erroneous concept, far from the truth.

- 3- Ignorance, alarm and impatience: - Surrender to despair and despair, and the resulting obsessions, ideas and obsessions, the loss of patience may lead to suicide, especially when man fails to achieve a certain goal that may lead him to despair from God's mercy and then find only death and get rid of life (Simeon, 1985, p. 45).
- 4- Economic problems: - Such as poverty, unemployment, lack of access to the necessary professions despite certificates and qualifications, loss of profession or home, failure to pay financial obligations or losses, who feared that the global economic crisis would lead to a rise in suicides, especially after some businessmen committed suicide (WHO report, 2010).
- 5- Violence in the media: - Scenes of violence and murder that are shown through the media are one of the leading causes of suicide, especially among young people, where models and stories of characters who committed suicide are presented, encouraging some people with psychological, social and economic problems to commit suicide. (Touab, 2008, p. 22).
- 6- Family problems, lack of social ties and self-esteem:

Frequent or severe family conflicts between family members, particularly parents, as well as the child or adolescent living with a cruel stepmother, a cruel stepfather, beating and abuse of the child, repeated emotional deprivation, neglect of the child and his or her psychological and physical need, or constant criticism, mockery and disrespect The same feelings, their sense of individuality, isolation, the interruption of kinship between family members, low parental education, and rapes of women – all of which can lead to severe depression, and then thinking about suicide and getting rid of life (former source, 1999, p. 44).

- 7- Guilt or loneliness: - This is a major cause of suicide: guilt, the desire for self-punishment, or the feeling of loneliness and the belief that the world does not understand it and no one feels it, and because of the inability to punish others, it is punished for itself, and this situation abounds in adolescents, intellectually immature, or psychologically disturbed.
- 8- Serious health problems: - Studies have shown that health status is directly related to depression and suicide, patients with incurable diseases such as AIDS and cancer are more likely to commit suicide, ranging from 15 to 18% of suicide bombers, while alcoholics and drugs have a suicide rate of 15 (previous source, p. 46).
- 9- Widespread drug use: Drug use in all its types and types is one of the most common causes of suicide among people, because drug use and alcoholization and then addiction cause disorder and anxiety in the personality of the addict,

ending in the case of Elias and despair and then suicide, (Al-Sharqawi, 1991, p. 252), drug use considers death to be filled in Tablets, injections and a name disguised in a thousand forms and forms, they are a deadly poison that harms the body and goes the mind and causes infatuation, poverty and delirium, studies indicate that suicidal behavior is on the rise globally, and if we link this to the phenomenon of the spread of drugs globally, it becomes clear that suicide and addiction are two sides of the same coin (Abu Haroun, 2013, p. 15).

10- Mental and mental disorders: - Mental disorders often appear over the years of life as a result of trauma, including: anxiety, delusions of disease, hysteria, phobia and obsessiveness (Zahran,2008, p.12), mental disorders may be behind them schizophrenia, depressive mania psychosis and mental illness and mental disorders play an important role in the number of suicides in adolescents and adults (Akasha, 2003 p. 16).

Suicide prevention: - Suicide is preventable. There are a number of measures that can be taken at the individual and community levels to prevent suicide and suicide attempts. These include:

- 1- Uphold the principles, values, teachings and directives of correct Islamic education, and work to apply them in our contemporary reality because of the successful solutions they offer to all negative problems and phenomena in society, and reduce access to suicide methods such as pesticides, firearms and corrupt medicines (Beesawi, 1403 Ah, p.20).
2. Increase the awareness doses needed for members and groups of society through various media and educational means to demonstrate the risk and severity of suicide and its unfortunate consequences and serious consequences for both the individual and society by preparing suicide risk awareness reports on the individual. Society, the visual, audio and read media have a large share of the thinking and perception of young people, they are able to put in mind the concepts required religiously, educationally and educationally, and fortify it against all that makes it neutralized by integrity.
3. Caring for young people and providing a healthy climate in society by creating the personality of young people and building their social psyches, the aim is to have their construction integrated spiritually, morally, mentally and physically, so they are able to meet the challenges and be stronger in fulfilling responsibility (Abdul Halim, 1422, p.173).

Diagnosis, treatment and early care of people with mental disorders or disorders caused by substance abuse, chronic pain and acute emotional disorders.

5. The establishment of specialized treatment centres for suicide prevention, so that people considering suicide can telephone them to discuss their troubles, thus providing material and moral assistance to overcome depression and overcome the troubles of life (Helwan, former source, p.44).

6. Try to understand the circumstances and reasons that may lead some members of society to attempt suicide, thereby helping them and helping them resolve them. The causes and causes of this phenomenon are thus eliminated, God willing.

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